

DANBURY PUBLIC SCHOOLS

Danbury, Connecticut

POLICY

HEALTH AND NUTRITION

Adopted: 3/10/2004

Policy No. 3-701*

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The Danbury Board of Education supports the demonstrated relationship between food, nutrition, wellness, learning and the goal for excellence in education for all children.

Student and employee health is a component of a quality education. Two key components of good health are diet and exercise.

The food services program is contracted to develop menus and food options. The Superintendent is responsible to review menus to insure that healthy food options are offered and promoted in the cafeteria program.

The Superintendent is responsible to determine food and beverage products that are vended in machines. Products must include and promote healthy options.

In addition, curriculum must provide the information for students to be able to identify the types and volume of food that should be consumed to have a healthy lifestyle.

Exercise is promoted in the physical education programs. Time available for exercise is limited during the educational day and insufficient to maintain a healthy lifestyle. Additional exercise must be encouraged through the promotion of extracurricular and independent after school activities.

The Board of Education encourages a healthy lifestyle for all students and employees.