



DANBURY PUBLIC SCHOOLS

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Sal V. Pascarella, Ed.D.
Superintendent of Schools

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Dear Parents:

As winter weather has arrived there are some important things to keep in mind when sending your children to school. Outdoor recess is an important part of your child's day and provides physical activity and the chance to socialize with friends. Whenever possible with weather permitting we will be sending the children outside for recess. Part of having fun outdoors is to know how to dress for winter weather.

Turtleneck shirts, sweaters or fleece tops, and even vests help to create layers of warmth. Outerwear should protect you from wind, rain and snow by repelling moisture. Some clothes you might wear are jackets and snow pants.

In addition to these layers, there are some basic essentials that nobody should be without. Since 60% of your body heat escapes if you are not wearing a hat, this should be tops on your list. Gloves or mittens that repel moisture are also an essential piece of equipment so that you can grip any equipment you are using and don't lose body heat from your hands. And, don't forget your feet – to keep them warm you will need to stay away from cotton, which does not insulate well and wear a pair of polypropylene or wool socks – they will keep you warm and dry.

Please also note that in extreme temperatures school may be canceled or delayed. Many of our children walk to school or wait for school buses outside and the extreme temperatures may pose a risk to their health. Please make it a point to check your local radio stations or television channels for this information before sending your child out for the day. You will also receive an instant alert telephone message from the school system if school is delayed or closed.

My best wishes for a happy and healthy winter season.

Sincerely,

Sal V. Pascarella, Ed.D.